



Grocery
 Meat
 Produce
 Bakery
 Deli
 Pharmacy

Till
S Shopping Lane

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|---|---|--|---|---|---|--|--|--|--|---|
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| Pharmacy | | | | | | | | | | |
| Lotion Sunscreen
First aid
Family planning
Vitamins
Pain relief
Cold remedies
Sunglasses
Herbal products
Footcare
Stomache aids
Meal replacements | Frozen veggies
Frozen juice
Waffles
Cool whip
Ice cream
Frozen novelties | Greeting cards
Gift wrap
Ice
Frozen meat
Frozen fish
Pizzas
Frozen dinners
French fries
Perogies | Shaving
Dental care
Soap & bodywash
Deodorant
Feminine hygiene
Incontinence
Hair colour
Shampoo
Baby food
Infant formula
Baby care
Diapers
Cotton swabs | Cookies
Crackers
Fine breads
Rice cakes
Napkins
Paper towel
Plastic wrap
Food storage
Tissue
Toilet paper
Disposable plates
Garbage bags | Cleaning products
Laundry
Pet food
Air freshners | Bottled water
Soft drinks
Confectionary
Chips
Nuts
Energy drinks
Vitamin water | Granola snacks
Fruit snacks
Handi-snacks
Breakfast bars
Juice
Canned veggies
Soup crackers
Soup | Cereal
Syrup
Jams & spreads
Canned fruit
Coffee
Tea
Hot chocolate
Evaporated milk
Iced tea | Desserts
Pudding
Flour & Sugar
Spices
Baking & canning
Toothpicks
Foilware
Organic
Rice & Grains
Cake Mixes
Popcorn
Ice cream cones
Water softener | Salad dressing
Pickles
Condiments
Pasta & Sauce
Ethnic Foods
Canned Fish
Canned Meat
Oils
Stuffing
Gravy
Bouillion cubes
Institutional |



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ROCKY MOUNTAIN HOUSE CO-OP SHOPPING CENTRE

HOURS OF OPERATION:
Mon - Fri: 8am - 9pm Sat & Sun: 8am - 6pm
Holidays: 10am - 6pm
PHARMACY HOURS:
Mon - Sat: 9am - 6pm Sun & Holidays: Closed

